



TAI CHI



- **GENTLE & RELAXING**
- **EVERY THURSDAY**
- **10.30 ~ 11.30**
- **£5.00 PER CLASS**

No need to book....

just turn up, to a warm & friendly welcome

Refreshments available

NEWMARKET DAY CENTRE

REG NO 290989

**FRED ARCHER WAY
NEWMARKET.**

CB8 8NT

TEL: 01638 664262